

## A BLESSING FOR PRIDE

*Mekor HaChayim*, Source of Life, You have blessed each of us with Your Spirit. In Your Wisdom, you have made each of us a unique treasure. *M'ayan Chayeinu*, Wellspring of our Lives, cause us to flow with courage, strength, and compassion to live our stories openly, proudly, and joyfully.

*Shekhina shel Ahavah*, Presence of Love, You embrace us with Your Love. May we embrace ourselves, our partners, our lovers, our friends, our children, our dear ones with the power of Your *Ahavah Rabbah*, Your Unending, Boundless Love.

*Ru'ach HaShalom*, Spirit of Peace and Wholeness, open our eyes to the gifts and blessings we offer and receive from each other; open our hearts to welcome each other fully and truly; open our hands to embrace, to support, to lift each other *b'geela, b'reena, b'shalom, uv'rei-ut*—with joy, with song, with peace, and with deep friendship.

Today, [on this Shabbat], as we celebrate renewal, Pride, and community, let us walk together with strength, compassion, and love. *N'varech et Ma'a-yan Chayeinu, T'kadesh u'T'Sa'me'ach Otanu [V'et HaShabbat]. Amen.* We bless You, Wellspring of our Lives; May You fill us [and Shabbat] with joy and sanctity. Amen.